



DRYING YOUR HANDS SAFELY AND HYGIENICALLY

Every washroom you visit presents different methods of hand drying. Whether it's electronic hand dryers, cotton towels or paper towels. But which is the most hygienic?



Independent studies have shown that drying hands with paper towels is the most hygienic method. Every towel that comes out of the dispenser is clean, and is only used by one person. Moreover, paper towels have an abrasive effect that helps remove any remaining bacteria. The towel is thrown away after use, so any residual bacteria doesn't have the opportunity to spread.

SCIENTIFICALLY PROVEN

Several scientific studies – including one recent project at the University of Leeds – have shown that drying hands with paper towels is the most hygienic option.

Cotton towels increase the risk of coming into contact with bacteria transferred from the previous user.

Hot air dryers are a breeding ground for bacteria that is blown not only onto the skin of the user, but also into the wider room, increasing the risk of spreading.

▶▶▶ PAPER TOWELS ARE THE HYGIENIC CHOICE

▶ The results of the study also proved that more bacteria remained in rooms where hot air dryers were used instead of paper towels. The choice of a particular method of hand drying determines the extent to which bacteria can spread, with the concomitant risk of infection.

Professor Mark Wilcox



UNIVERSITY OF LEEDS

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THE ADVANTAGES OF PAPER TOWELS

- **A hygienic drying method:**
paper towels are the only way of reducing bacteria on the hands
- **A safe bathroom area:** where a disposable paper towel is used, bacteria in the wider room is minimised
- **Ease of use:** no queuing and no disruptive noise
- **Clean and efficient:** one towel per individual every time
- **Fault-free:** does not use electricity or batteries



GOOD HAND HYGIENE PREVENTS ILLNESSES

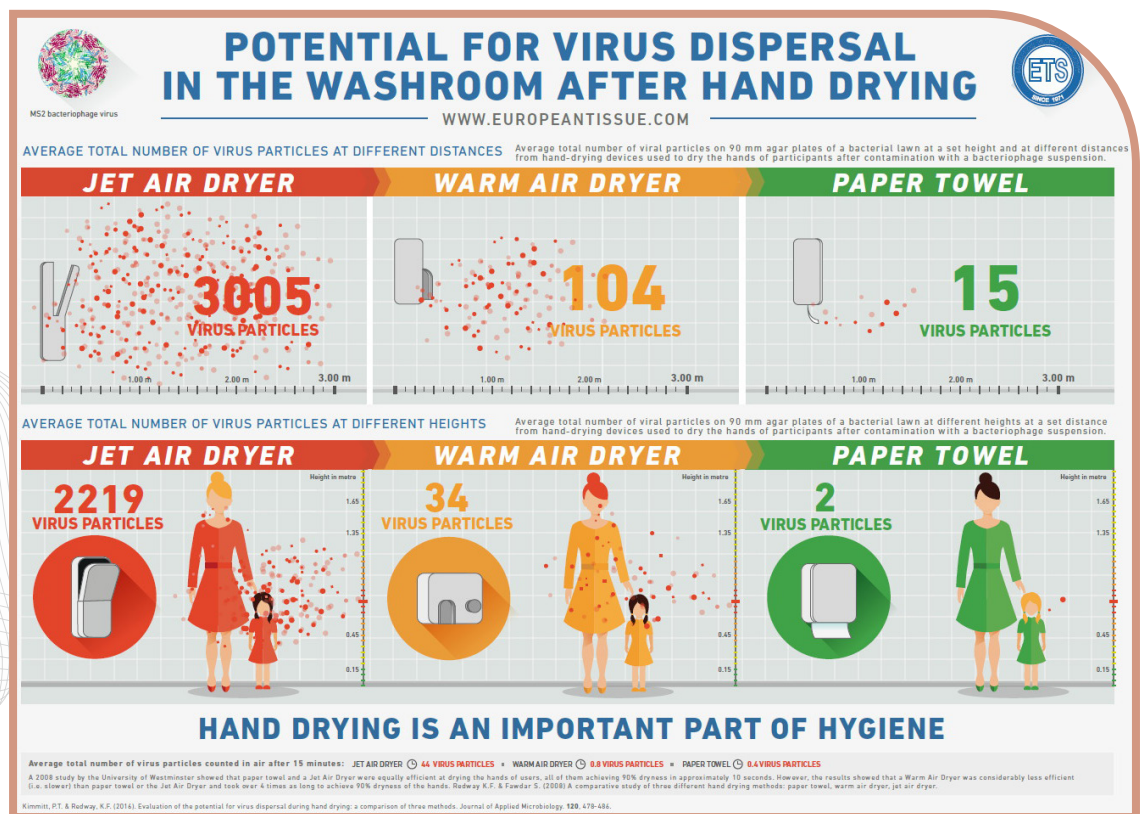


Good hand hygiene starts with regularly washing hands well. This prevents germs and bacteria from spreading. But what does "good" mean? It is generally recommended that hands should be washed for at least 20-30 seconds by rubbing the palms and fingers firmly over each other. To rub the fingertips and include the wrists as well. Rinse the soap carefully with running water.

The way they are dried is also important, as this removes a large proportion of bacteria. If hands are 97% dry, the risk of bacteria being transferred is virtually zero.

SIMPLE AND EFFECTIVE

The same study showed that people spend, on average, five seconds or less drying their hands. As a result, moisture and bacteria often remain. Based on this knowledge, an effective way of drying the hands is essential when it comes to minimising residual bacteria. Paper towels score best here.



CIRCULAR THINKING IS IN OUR DNA



BLACK
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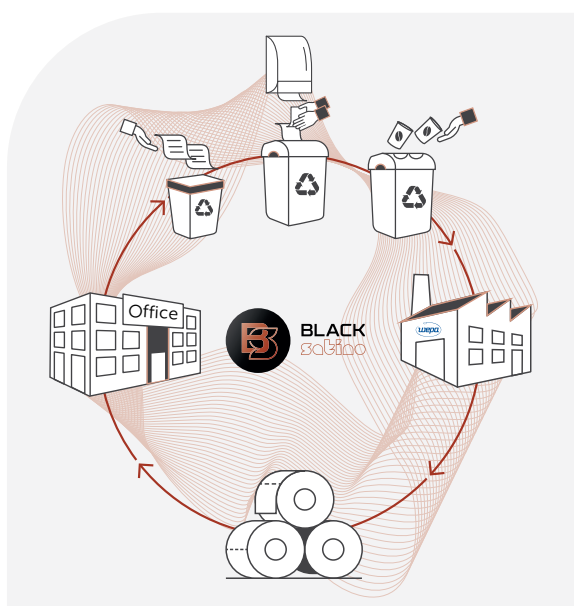
BlackSatino's sanitary solutions are circular. That means the range is made from sustainable and responsibly sourced raw materials – with absolutely no harmful chemicals. That makes it safe for both people and the environment, and completely CO₂ neutral.

CIRCULAR COOPERATION

We have employed local, raw and recycled materials via our unique recycling concepts to produce BlackSatino hygienic paper.

CIRCULAR HYGIENE DISPENSERS

BlackSatino dispensers are included in this circular concept. They are produced from plastic granules that might once have composed other plastic objects - even old hygiene dispensers. We retain valuable raw and recycled materials to create attractive, sustainable products that have added value.



CONSULTATION



We want to help organisations move towards closed-cycle bathroom areas.

For more information, visit
www.blacksatino.eu or contact
us directly for a chat.

